

## WHAT IS 4-H?

4-H is a national youth organization for boys and girls and the volunteer leaders who work with it. 4-H members share, learn, and work together in all kinds of projects, events, and activities in informal situations with guidance from volunteer adult leaders.

Members choose projects that fit their personal interest and goals. 4-H is designed for all youth both rural and urban!

## WHO CAN JOIN 4-H?

Boys and girls in grades Kindergarten all the way through the first year out of high school can participate as a member. A program called Cloverbuds introduces K thru 2nd graders to 4-H by allowing them to participate in 4-H activities along with the rest of the members.

## WHEN IS 4-H?

There is never a dull moment for a 4-H'er! In the summer there are camps, trips, events and the county fair. Throughout the rest of the year there are project workshops, conferences, educational events and many other club activities!

## WHAT IS A 4-H PROJECT?

A project is an area of interest that the 4-H member wants to learn more about during the year. All members get project materials that help them to get started and a leader is usually available to help members with their project work.

4-H Offers Projects in these areas:

- Animal Science
- Communication & Cultural Arts
- Family, Home, and Health
- Mechanical Sciences
- Natural Resources & Outdoor Education
- Plant & Soil Sciences
- Cloverbuds and Exploring
- Self-Determined

## 4-H INVOLVES FAMILY

Parents should be involved with their children in deciding which projects to take, what activities to participate in, how to complete the project, where to purchase supplies and if the cost is reasonable. They should also give encouragement and supervision with projects, but allow the child to do their own work, provide a place for records and other club materials to be kept at home, and help the 4-Her to set standards of sportsmanship and honesty. The 4-H program realizes that not every family has enough ideal time to spend with the 4-H member. No matter how much time can be given, show interest in your child. The family is the glue in the 4-H picture. Without YOU, there can be no 4-H.

## HOW CAN I JOIN?

- ◆ Decide which club is right for you
- ◆ You should talk to that club's contact person to learn more about the club and its members.
  - ◇ Club information is on the back of this brochure, and on our website  
<https://sawyer.uwex.edu/sawyer-county-4-h-clubs/>
- ◆ Enroll! All 4-H enrollments take place online at <https://wi.4honline.com>.

\*Sky Holt is the 4-H and Positive Youth Development Educator at the Sawyer County UW-Extension office. She is available if you need assistance or have more questions.

Phone: 715-634-4839

Email: [sky.holt@ces.uwex.edu](mailto:sky.holt@ces.uwex.edu)



## 4-H INTEREST FORM

Yes! I would like to know more about 4-H!

- Cloverbud Member (grades K-2)
- Member (grades 3 to one year past high school)
- Leader (club, project, or resource)
- Volunteer

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Name

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Address

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Phone

Visit <https://wi.4honline.com> to enroll online!

**Return completed form to:**  
4-H/Youth Development Programs  
UW-Extension, Sawyer County  
10610 Main St., Suite 194  
Hayward, WI 54843

For more information, call or email:  
Sky Holt  
715-634-4839  
[sky.holt@ces.uwex.edu](mailto:sky.holt@ces.uwex.edu)

4-H strives to help make the world a better place by teaching youth how to care for themselves, care for their community, and care for their environment.

## 4-H PLEDGE

I pledge .....

my **HEAD** to clearer thinking,

my **HEART** to greater loyalty,

my **HANDS** to larger service,

and my **HEALTH** to better living,

for my **club**, my **community**, my **country**,

and my **world**.



4-H is available largely due to the donation of time and talents from our volunteers. Without them, none of this would be possible.

## Sawyer County 4-H Clubs/Groups/ Projects are available in:

### ☘ Hayward

#### 4 Leaf Clover Club

**Crystal Hexum** 715-699-2996

crystal.hexum@yahoo.com

**Lori Clifford** 715-699-2964

klclifford04@Hotmail.com

\*usually meet 1 Sunday a month at the Hayward library; outings as decided

### ☘ Stone Lake

#### Stone Lake 4-H

**Deb Henk** 715-865-2004

howdeb92@gmail.com

\* meetings and outings as decided; locations vary

### ☘ Winter

#### Winter Evergreens

**Deb Steiner** 715-266-6417

tdsteiner5@gmail.com

**Tina Coss** 715-266-8016

tina\_coss@yahoo.com

\*usually meet 1 Sunday a month at the Winter Town Hall; outings as decided

See website:

<http://sawyer.uwex.edu/sawyer-county-4-h-clubs/>

# Sawyer County 4-H

