



February 2019 Sawyer County 4-H Youth and Family Newsletter

4-H CALENDAR OF OPPORTUNITIES

Cancellations may be made due to low enrollments for programs. **Pre-register** for meetings and activities by the deadline! All who register will be contacted if there is a cancellation. Meetings are cancelled if school is cancelled. All meetings are open to 4-H youth and adults.

Please contact the Extension office for details for any meetings.

Visit our website sawyer.uwex.edu for current information and follow us on Facebook!

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| Ongoing | Registration is now open for 2019 Open Enrollment Camp Sessions and Counselor Training Weekends at Upham Woods, please see our website or contact Sky Holt for more information |
| Feb 1 | Applications due for WPA Youth Pig Project Scholarships, www.wppa.org/youth-pig-project |
| Feb 8 | Applications due for 2019 Summer Camp Youth Counselors |
| Feb 13 | 4 Leaf Clovers will be serving the community supper at the First Lutheran Church in Hayward |
| Feb 14 | Valentine's Day! Let someone know how much they mean to you and that they are special! |
| Feb 16 | Small Animal Project meeting, Kathy Moe's home, 10-12:30 PLEASE CALL KATHY TO LET HER KNOW YOU ARE GOING |
| Feb 22 | Registration due for Livestock Quiz Bowl and Skillathon, https://fyi.extension.wisc.edu/youthlivestock/programs/quizbowlskillathon/ |
| Mar 2 | Livestock Quiz Bowl and Skillathon, UW Madison Animal Sciences Building, 9AM |
| Mar 15 | Application due for 4-H Foundation scholarships, http://wis4hfoundation.org/scholarships/ |
| Mar 15-17 | ArtBEAT!, Upham Woods in Wisconsin Dells |
| Mar 19 | Leaders Association Meeting, Tentatively Tuesday March 19th, Stone Lake Fire Hall, 6:30PM, watch Facebook for updates |
| Mar 30 | "Horse Happenings", Barronett Community Center, 9:30-1:30 |



Please submit articles to the UW-Extension support staff, Tanya Hofer for the
March newsletter by February 25th



Club/Group/Project Connection

Stone Lake 4-H Caroling

The Stone Lake 4-H group went caroling at the Hayward nursing home. They brought great joy to all of the senior citizens. The 4-H members sang the classic "Rudolph the Red Nosed Reindeer". They also sang "We Wish You A Merry Christmas" and "Jingle Bells". The 4-H group hopes you had a merry Christmas.

Emma Scheffel, secretary Stone Lake 4-H group



The 4 Leaf Clover Club volunteered at Ruby's Pantry in January as a service project. The kids all had a ton of fun while helping the community all at the same time!





4 Leaf Clover Club Officers

President: Sammie Kennell
Vice President: Kallen Clifford
Secretary: Taylor Eytcheson
Treasurer: Allie Keenan

The Small Animal Project will be holding a meeting on February 16th from 10:00 am to 12:30 pm. The meeting will be held at my home at 9485N Anderson Rd Hayward. Call me at 715-558-4375 for directions and to let me know that you will be attending. Our project covers all types of small animals, chickens, dogs, Guinea pigs, goats, etc. Be prepared to discuss what you would like to learn and work on this year for 4-H. Looking forward to seeing everyone!

- Kathy Moe



Sawyer County 4-H Clubs Inc. Design Contest

What does 4-H mean to you?

Sawyer County 4-H Clubs is looking for a new design for our shirts/sweat shirts this year. Please draw your design for the new logo for Sawyer County 4-H Clubs Inc. Judging for the new design will be on March 19th!

Instructions:

- ◆ Leaders will pass out design sheets at the next club meeting
- ◆ Draw on the blank side of the page
- ◆ Fill out: name, club and age on the back of the page
- ◆ Have Fun!!!

Please return to UWEX Office by March 8th or to your Club Leader by the deadline they provide.

MASC Orientation Meeting

1/13/19

Meeting called to order at 2:10pm by Jason Knuckey.

Welcome and introductions.

Reminder that any MASC Contracts not filled out need to be completed ASAP.

MASC bylaws and guidelines discussed, no changes needed.

Election of youth officers for 2019:

Jason Knuckey- President

Trent Kinsley- Vice President

Rhiley Ehn- Secretary

Joey presented treasurer report- Checking and savings balances verified.

Rhiley made a motion to approve the treasure report, Gwendolyn seconded, motion carried.

MASC Committees were discussed. Sign-ups will be available after the meeting for adults and youth to sign up.

Mike Kinsley has talked to the butcher and verified he is ready.

Project leaders for 2019:

Beef- Kyle Kinsley and Rhandi Ehn

Swine- Jeremiah and Donna Knuckey

Sheep/Small Animal- Kathy Moe

Next meeting will be April 28th at the fair grounds at 2pm. Sheep will be weighed in at that time along with steers to help youth see how they are growing and provide a small clinic for the youth in the steer project. No swine weigh in, this year will be a terminal fair. Get animal counts to Joey when known.

Walleyes for Northwest Fundraiser is February 16th- need volunteers to work at Fundraiser. Contact Joey or Donna if you are able to help.

Fair dates for 2019 are August 22nd- August 25th

Carcass show will be August 28th. Time needs to be set.

January 19th is the family fun night for 4H at the Vet Center in Hayward. Begins at 6pm.

Mike Kinsley is working with fair board on getting power at the fair grounds for those that want to cap.

Motion to adjourn meeting by Natalie at 3:05pm second by Jason, motion carried.

Submitted by: Rhandi Lynn Ehn



Are you a 4-H member in the 8th grade or older? Are you energetic and compassionate with a willingness to be creative? If you also have the agility to lead and support others, a camp counselor position may be right for you!

The 2019 Rusk/Sawyer County 4-H camp will be held at the Trails End Camp in Bruce, July 9-11.

POSITION DESCRIPTIONS: *(You may apply for more than one position.)*

A). RESOURCE COUNSELORS

Responsible for supervision of campers during scheduled activities. Assist cabin counselors during nonscheduled activities. Additional assignments with campers or general camp operation as needed, requested by adult camp staff or Jr. Director.

Jr. Director: Responsible for program/theme planning with camp committee. Also assist with youth staff planning and training meetings.

Recreation: Responsible for recreation planning and activities.

Crafts: Responsible for planning and leading craft activities and projects.

Waterfront: Preferred WSI life-saving certification. Responsible for all swimming and waterfront activities.

Canoeing: Preferred WSI life-saving certification. Responsible for all canoeing supervision and instruction.

Archery/Shooting Sports: Responsible for archery supervision and instruction.

Nature/Science: Responsible for planning and organizing nature and/environmental and science lessons and activities.

Videographer/Photographer: Responsible for capturing all camp activities and participants in a camp video and photos and responsible for creating a 4-H Camp Promotion Video.

Cabin Support: Responsible for providing relief and support to cabin counselors.

B). CABIN COUNSELORS

Responsible for the day-to-day supervision of up to 10 campers in a cabin or cabin-side. Responsible for escorting campers to and from all scheduled activities and assisting or participating in activities led by Resource Counselors.

APPLICATION PROCESS:

1. Submit an application form no later than **February 8, 2019**

Final selection of the 2019 Rusk & Sawyer County 4-H Summer Camp Youth Staff will be determined by the Adult Camp Staff Selection Committee. All Rusk & Price County 4-H Summer Camp Staff are required to attend the Camp Staff Training and Planning Sessions.

Applications can be found on our website at <https://sawyer.extension.wisc.edu/> or you can contact Sky Holt for forms and more information.





Leader and Project Introductions



Did you know that 4-H offers a woodworking project? Carl Kozak is the woodworking project leader this year. Whether you have been involved with woodworking for years or you are just now looking into it, all skill levels are welcome to join! For more information about the project or meeting dates and places, feel free to reach out to Carl. His contact information is on the last page of this newsletter. Don't forget you will also need to enroll in the project through 4honline.



Items crafted by Woodworking project leader, Carl Kozak. **Top Left:** reclaimed cedar pole foot stool **Top Right:** barn wood wall art **Bottom:** Hand carved fruit bowl



Kathy Moe is the leader for many of our projects this year, ranging from Exploring Your Environment, to Backpacking/Hiking, to Horticulture.

Interested in small animals, bees, or entomology? Kathy is the leader for those projects as well! Give her a call if you are interested in joining any of these fun projects.



Hi, I am Angie Kennell. This is my second year co-leading the Sawyer County 4-H horse project. Growing up in Sawyer County all my life, my husband and I feel very strongly about giving back to the community and helping kids in the area become strong leaders. I grew up on and around horses and am excited to help in the 4-H horse project. I have 5 children, 4 boys and 1 girl. My daughter, Sammie, is very involved in 4-H and horses. When I'm not busy being a sports mom, doing horse related events and watching kids, I like to read, scrapbook, and travel. I look forward to learning along side our youth and helping them give back to our community and become great leaders.



My
name is

Lori Clifford I am entering my 2nd year of being a co leader for the 4 Leaf Clover Club. My daughter Kallen has been in this club and the Hayward Horse Project for 4 years. Our family resides here in Hayward; myself, my husband Kevin, Kallen and Darren. It truly has been a great experience getting to know these kids and seeing what they can do for their community within their club. I look forward to another great year with them!



My name is Laura Gregory. I recently became one of the new leaders of the Stone Lake 4-H Club. Originally from Wisconsin Rapids, I moved to Stone Lake 14 years ago when I married my husband. Our three sons are the sixth generation on our family's Century farm, where we raise sheep, chickens and vegetables to sell at the local farmers market. I also sell baked goods and special occasion cakes. We are excited about

what this year will bring. We hope to cover many different subjects at our meetings, such as basic life skills like changing a bike tire and identifying trees and plants, team building activities, livestock, and possibly some field trips.



Hello, my name is Crystal Hexum. Originally from Rochester, MN, I have been a part of the Hayward community since 2004. I have been a teacher and now the administrator at the HACIL Virtual Charter school for most of that time. I am married to my wonderfully supportive husband Ryan. We have 3 children, our daughter Brianna is in 6th grade (4th year of 4H), our son Griffin is in 3rd (1st year of 4H), and our youngest daughter Lily, who is 4 but thinks she is much bigger. This is the second year of Co-leading the 4 Leaf Clover club with my friend Lori Clifford. We live in the Hayward area with our one dog and 6 chickens. I have enjoyed being part of the 4-H and am so thankful for our children to grow up with these experiences being part of this community.

Hi my name is Angie DeLisle and I co-lead the Sawyer County 4-H horse project. I believe this is my 5th year leading the project! I have 3 kids, Cade, Cali and Clare. Cade and Cali have been in 4-H for 6 years and this

will be Clare's first year. They are members of the 4 Leaf Clover Club. We have done other projects such as rabbit and poultry, but now horse is our main focus.

The horse project is a big commitment, but we have a lot of fun. We meet monthly in the winter (without our horses 😊) and then start riding weekly at the fairgrounds to begin preparing for the fair, usually around the time school gets out for the summer. We also choose a song and begin choreographing and practicing for our drill team to preform at the fair. This seems to be a favorite of many of our members.

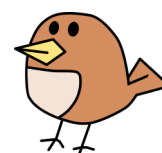
I think my favorite part of the horse project is seeing the improvement between horse and rider from the beginning of the year to fair time, and of course the Fair!

Feel free to contact me with any questions regarding being in the horse project! (715-634-8456)



Hi, I am Carrie Keenan. I've been a part of 4-H in various roles for the past 5 years. I currently serve on the Leadership Board as the secretary, and am co-leader of the horse project in Sawyer County. Apart from 4-H, my husband and I

live in Hayward with our two children, Allie, who is in her 5th year of 4-H, and Jude, who is just beginning his second year. We enjoy riding our horses, and generally just being in the barn or outside. When I'm not schooling my children, or taking care of the horses, chickens, cats, dogs, or rabbits, I am busy with my photography business that allows me to enjoy our community and our beautiful north woods.





DIY

Plant your own indoor herb garden!

<https://www.goodhousekeeping.com/home/gardening/advice/a19745/winter-herb-garden/>

By Katie Holdefehr

What you'll need:

Pots with drainage holes

Gravel

Fresh soil (from local garden center)

Herb seed packets or seedlings

Plant markers (or chalkboard paint and chalk)



Instructions:

1. Visit your local garden supply center to buy seeds or seedlings. Can't find what you're looking for? Check out the selection of seeds at the Seed Shop [<http://seedshop.com/>] and have them delivered.
2. Fill the bottom of each pot with 3/4-inch gravel, then fill completely with soil. Dig a hole in the soil large enough for your plant to fit into. Remove the seedling from its plastic nursery container and set into planting hole. Gentle press down the soil around the plant. If starting from seeds, fill the pot with soil and then gently press seeds into soil 1/4 inch.
3. Spray-paint the top band of each pot with chalkboard paint. Let dry completely and then write the name of the herb using colorful chalk. The best part? When it's time to transfer plants, just wipe the chalkboard clean and re-label! [Or you can just use plant markers]

Ultimate indoor herbs:

Oregano: Find a sunny spot for this light-lover and turn the plant for even growth.

Rosemary: Buy a nursery-grown plant and pot in dry soil or a mixture of soil and coarse sand.

Basil: The key to growing basil indoors is helping it get as much sun as possible and keeping the soil moist, yet well-drained. During the dark winter months, place the plant in the sunniest spot in your house.

Peppermint: Can thrive in minimal light, although some sun each day is best.

Chives: One of the easiest herbs to grow indoors, chives are ready to be chopped when they reach 6 to 12 inches.

Parsley: Set your parsley in a sun-drenched, south-facing window.

Thyme: Thyme grows best when it gets 6 hours of sun per day.

Avoid these mistakes:

Don't plant all of your herbs in one pot. Give each herb its own home and line up a row of pots along your windowsill.

Don't use soil from your backyard. Visit your local garden center for some fresh potting soil that's better suited for indoor use.

Don't overwater. Let the soil dry out between waterings and look for yellow leaves, a sign that your plant needs less water.



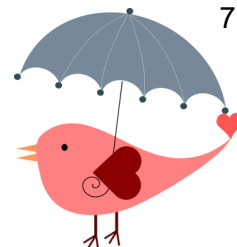
Contact Information for 4-H Volunteer Leaders 2018-2019

Organizational Club/Group Leaders and Officers

Crystal Hexum - 4-Leaf Clover Club Co-Leader	crystal.hexum@yahoo.com	715-699-2996
Lori Clifford – 4-Leaf Clover Club Co-Leader	klclifford04@Hotmail.com	715-699-2964
Deb Steiner - Winter Evergreens Club Co-Leader, 4-H Clubs Inc. President	tdsteiner5@gmail.com	715-266-6417
Tina Coss - Winter Evergreens Club Co-Leader, 4-H Clubs Inc. Vice President	tina_coss@yahoo.com	715-266-8016
Carrie Keenan – 4-H Clubs, Inc. Secretary	carriekeen4@gmail.com	715-634-0721
Donna Knuckey – 4-H Clubs, Inc. Treasurer	jdknuck@live.com	715-266-4402
Laura Gregory - Stone Lake 4-H club co-leader	meadowviewfarms@hotmail.com	715-558-6901
Sarah Metcalf - Stone Lake 4-H club co-leader	winterrostudio@gmail.com	660-322-1984
Rhandi Ehn - MASC co-group leader	lynnr3684@gmail.com	715-661-4005
Joey Johnson - MASC Treasurer	wenonah.johnson@gmail.com	715-558-3519
Alesha Pecha - 4 Leaf Clover Cloverbuds co-leader	pechaale@charter.net	715-558-4660

Project and Resource Leaders

Angie DeLisle - Horse Project co-leader	adelisle@hayward.k12.wi.us	715-634-8456
Carrie Keenan - Horse Project co-leader	carriekeen4@gmail.com	715-634-0721
Judah Keenan - Horse Project co-leader	carriekeen4@gmail.com	715-634-0721
Donna Knuckey - Swine Project co-leader	jdknuck@live.com	715-266-4402
Jeremiah Knuckey - Swine Project co-leader	jdknuck@live.com	715-266-4402
Kathy Robinson - Horse Project co-leader	kjr91@hotmail.com	715-699-5405
Jessica Bjork - Project Leader for Sawyer County Youth Health Leaders (SCYHL)	jbjork@sawyerhs.hayward.wi.us	715-634-4806
Angie Kennell - Horse Project co-leader, Resource Leader, Flower Project leader	creativechaos1@hotmail.com	715-634-7781
Brittany Dennis - Horseless Horse Project co-leader	brit.25@live.com	715-558-6652
Sabrina Dennis - Activity Leader	sab.14@live.com	715-558-6447
Lisa Andraschko - Pending	radcliffelm@gmail.com	715-558-8504
Kathy Moe - Exploring Your Environment Leader, Small Animals Leader, Horse Resource Leader, Backpacking/Hiking RL, Bees RL, Entomology RL, Horticulture RL	kmoe@fs.fed.us	715-634-4897





Debi Steiner - Photography Leader, Art Leader
(Winter Evergreens)

tdsteiner5@gmail.com

715-266-6417

Kyle Kinsley - MASC Beef Project Leader

kkinsley.kk.21@gmail.com

715-563-0118

Carl Kozak - Woodworking Project Leader

Cekhh@cheqnet.net

715-634-2219

Shelley Bartz - Lego Project Leader

Shelleysb4@gmail.com

715-307-7198

Bryan Bartz - Activity Leader

Bryan54843@gmail.com

715-634-5322

Ann Korn - Sewing Project Leader

korn.ann1@gmail.com

715-634-3951

UW-Extension staff

Sky Holt - 4-H/Youth Development Educator

sky.holt@ces.uwex.edu

715-634-4839

Main contact for 4-H questions

Tanya Hofer - UWEX support staff

tanya.hofer@ces.uwex.edu

715-638-3316

